

Aquatic Centre LATE *Winter* Swim Programs

Registration begins 8 am, Wednesday February 20th.

Please Note: Classes fill quickly – register early in the day to avoid disappointment.

Register Online <http://kenorarecreation.maxgalaxycanada.net/Home.aspx>

Program		Class Times & Levels	Days/Dates	Fee
Red Cross Preschool Tues/Thurs Lessons (3 – 6 yrs.)	Pre-schoolers age 3 – 6 years actively learn and develop new swimming skills through games & songs. Children must be 3 yrs. of age on the first day of lessons.	5:25 – 5:55 pm: Sea Otter, Salamander Sunfish 6 – 6:30 pm: Sunfish, Crocodile/Whale	Tues. & Thurs. Feb 26- April 4 (10 classes) No classes during March Break	\$55.00
Red Cross Swim Kids Tues/Thurs Lessons (5 – 12 yrs.)	Swimmers age 5 – 12 years learn how to be safe around water, & increase swimming ability, fitness & endurance through fun activities. Children must be 5 yrs. of age on the first day of lessons.	6 – 6:30 pm: Swim Kids 1/2, 3/4 6:35 – 7:20 pm: Swim Kids 5/6, 7/8, 9/10	Tues. & Thurs. Feb 26 – April 4 (10 classes) No classes during March Break	Level 1 - 4 \$55.00 Level 5 - 10 \$75.00
Red Cross Teen/Adult Lessons	Classes for adults & teens who would like to become confident in the water, learn or improve on skills, strokes or fitness. The Red Cross provides two levels, Swim Basics & Swim Strokes. Set your goal & the Instructors will help you get there! Classes are 45 min.	Swim Basics and Swim Strokes: Daytime: Tues/Thurs 11:05 – 11:40am Evening: Mon/Wed 7:45-8:30pm	Mon. & Wed. Feb 25 – March 27 Tues/Thurs Feb 26 – April 4 No classes during March Break	\$75.00
Bronze Cross	If you have Bronze Medallion and now want the challenge of more advanced training, this is the program for you. This is an introduction to safe supervision in aquatic facilities, and is a prerequisite certification for National Lifeguard Please bring your Canadian Lifesaving Manual with you to all classes	7:00 – 9:30pm	Tues & Thurs Feb 26 – April 4 No classes during March Break	\$120.00
Drop in Swimming Lessons	Drop in lessons are a great way to introduce young children to the world of swimming lessons. Also, to get some extra practice time in on challenging swimming skills.	9:45 – 10:15am	Saturdays No lessons during March Break	\$5.75 (per class)
Swim and Play	Classes for babies and toddlers accompanied in the water with a parent or caregiver. A water safety instructor will help you get the most out of the pool experience. Build confidence through active water play and movement	11:15 – 11:45am: 3-12 months	Mon – Fri March 4-8	\$35
Swim and Play	Classes for babies and toddlers accompanied in the water with a parent or caregiver. A water safety instructor will help you get the most out of the pool experience. Build confidence through active water play and movement	10:00 – 10:30am: 12-24 months	Saturdays March 23 – April 20	\$35

For more information phone 467-2087